

beauty: you ask



Eyebrows should always look natural

Three pros solve your beauty dilemmas

the colour of your eyebrows as is, but shape them to frame your face.

Q: Is it safe to apply ice to inflamed blemishes?

—Michelle T., Chatham, Ont.

A: According to Hamilton dermatologist **Dr. Peter Vignjevic**, the cold temperature of ice causes blood vessels to shrink, which helps reduce the redness and swelling of a blemish. Although the ice won't do any damage to your skin, the improvement you'll notice is only temporary. For spot-treating acne flare-ups, look for topical products with salicylic acid, benzoyl peroxide or vitamin A acid (available by prescription only). **FLARE's pick:** RoC DermatologiC Purif-AC Fast Action Gel, 15 mL, \$20.

Q: What type of powder should I wear over my foundation? —Sabrina M., Toronto

A: Use a loose translucent powder if you want a more natural, sheer finish, says Toronto makeup artist **Mona Sharma**. After applying foundation and concealer, use a large powder brush to lightly dust the powder across your face. **FLARE's pick:** Christian Dior Diorskin Compact Powder in Transparent Medium, \$37. If you want more coverage, choose a powder shade that matches your skin tone and apply it the same way. **FLARE's pick:** Prescriptives Virtual Matte Oil-Control Pressed Powder Level 2, \$42. **F**

beauty extra BEST-DRESSED TRESSES

For your most luscious locks, look for these ingredients:

- **Silk amino acids** penetrate the cuticle to smooth and repair your hair, leaving it soft, healthy and shiny. *Try: Curly Hair Solutions Treatment Shampoo, 250 mL, \$13.50.*
- **Wheat proteins** protect your hair cuticle from heat-styling damage. *Try: Senscience Thermal Design Styling Spray, 200 mL, \$13.75.*
- **Provitamins** create weightless volume while strengthening your hair shaft. *Try: Tresemmé Healthy Volume Conditioner, 946 mL, \$7.*
- **Oat extract** soothes your scalp and absorbs excess oils. *Try: Klorane Extra Gentle Dry Shampoo, 50 g, \$16.*

Q ■ **Should my eyebrows match my hair colour?** ■

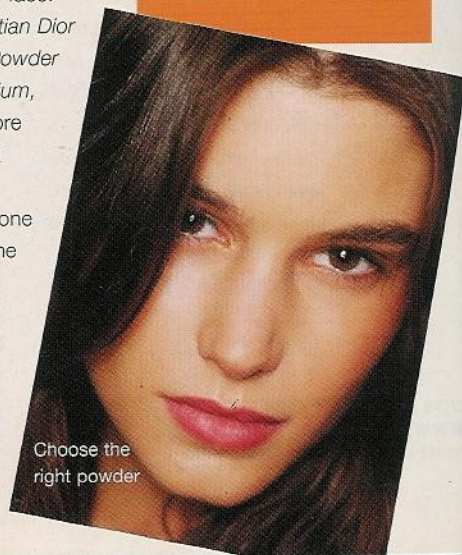
—Audrey

Rooke, Grande Prairie, Alta., winner of November's Eucerin prize

A: If you colour your hair, don't change your eyebrows to match exactly, a perfect match

will look fake, says colourist **Matthew B.** of Amato Hair Studio in Beverly Hills. Whether you choose to slightly lighten or darken them, keep your eyebrows looking natural. If you dye your hair blond, dye your eyebrows one shade lighter than their natural colour to keep your face defined. If you don't dye your hair, leave

win! Tell us your beauty concerns. Send your question, with your city and daytime phone, and you could win \$294 worth of Sally Hansen Healing Beauty products. Drop us a line at: Beauty: You Ask, **FLARE**, 1 Mount Pleasant Rd., 8th Floor, Toronto, Ont., M4Y 2Y5; fax: (416) 764-2866; email: beautyyouask@flare.com. For contest rules, see *Stylesource*.



Choose the right powder